



# 4TH INTERNATIONAL CONFERENCE

In association with

TAMILNADU ORTHOPAEDIC ASSOCIATION &  
MADRAS ORTHOPAEDIC SOCIETY

*Theme: Ethical Future of Musculoskeletal Disorders*



DATE : 4/ 5/ 6 APRIL, 2025



VENUE : Ambassador Pallava,  
30, Red Cross Rd, Egmore,  
Chennai, Tamil Nadu 600008

**Dr.Sathish Kumar Thangamani**  
Organising Secretary



+91 97910 20615

No calls, Whatsapp to book your slots



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IAOS workshops and conferences are well known for focussed academics, great learning, full lecture halls, very well known famous national and international faculties, state of the art hands on workshops and many new innovations.

Chennai is a Heritage city with history spanning over thousands of years. This was a harbour town of Chinnapattanam and East India company established it's third office here way back in 1800. The city boasts of Pallava, Chola, Chera, Heritage with nearby Mahabalipuram which has one of the finest Stone carving and ancient temples. Arjuna's penance, Crocodile Park, Snake Park, Light House and the world second largest beach of the world the Marina Beach tourist highlights. The city of Chennai has wonderful ethnic cuisine, lots and lots of shopping, and of course Kancheepuram silks which are the finest sarees admired by women across the globe.

The venue is a heritage hotel which is a part of old Chennai history and the conference hall has a very high ceiling so that a large LED screen be fixed and scientific sessions can be outstanding.

## Welcome to Chennai

### HIGHLIGHTS OF CONFERENCE

2 WORKSHOPS

3 DAYS CONFERENCE

OPTIONAL BANQUET

NO TRADE STALLS

NO SPONSORS

HARD BOUND BOOKS WORTH 12K WITH DELEGATE KIT



**Day one 4th April: 9 am to 1 pm, Friday**  
**Pre Lunch ( 4 hours 6 lectures, 1 hour demo, workshop )**  
**Molecular therapeutics, Ozone, Hydrogen, and other molecules.**  
**Lectures and live patient demonstrations.**

SPEAKER	TOPIC	TIME
Registration counter opens	Registrations start at 8.00 am	
Dr L.Prakash	Introduction and molecular medicine	9.00 am to 9.10 am
Dr Prasham Shah	Ozone and MAHT	9.10 am to 9.30 am
Dr Chandan	Molecular Hydrogen and Nutraceuticals	9.30 am to 9.40 am
Dr S Thangamani	How the use of ozone changed my practice	9.40 am to 9.50 am
Dr Deepak Sahotra	Ozone the miracle molecule	9.50 am to 10.00 am
Dr Mithra Basu Chillar	How to stay young	10.00 am to 10.15 am
Dr Pankaj Katole	Experiences with Hydrogen and ozone	10.15 am to 10.25 am
Dr Jignesh Patel	Ozone arthrodiastesis	10.25 am to 10.35 am
Dr Hari Om Agarwal	Osteoporosis, rational understanding and management	10.35 am to 10.50 am
Dr Prasham Shah	Intra diskal and intraarticular ozone	10.50 am to 11.05 am
Dr L. Prakash	Hydrozone and IAOS - UVBIEBOO	11.05 am to 11.20 am
Dr Lenny D'Costa	Metal toxicity and chelation, reality or Myth	11.20 am to 11.35 am
Dr Minakshi Nilay Hande	My experiences in ozone and portals	11.35 am to 11.45 am
Ms Chandraja K S	IV hydrogen and nutraceuticals for performance enhancement and general well being	11.45 am to 11.53 am
Ms Arunima Prabhakaran	Ozone in women's health	11.53 pm to 12. pm

**Legend in Orthopaedics Dr D.D.Tanna:**

**Keynote oration - Lessons in life beyond orthopaedics. 12.00 pm to 12.30 pm**

**12.30 to 1.15 pm, demonstration and workshop on intra articular ozone, hydrozone, IV Hydrogen, MAHT, and other therapies.**

**1.00 pm to 2.00 pm Lunch**

**Pain Management, Integrated medicine, and Medical therapies for  
 Musculoskeletal disorders, AVN, Rheumatoid, Ankylosing  
 spondylosis, etc.**

SPEAKER	TOPIC	TIME
Dr Aroop Mukharjee	Rational DMARD dosages and applications	2.00 pm to 2.20 pm
Dr Naresh Agrawal	Knee preservation in the era of TKR epidemics	2.20 pm to 2.40 pm
Dr Paramjeet Kaur	Role of Functional and Integrated medicine for a clinician	2.40 pm to 3.00 pm
Dr Arvind Diwaker	The Unknown Filaria Menace and my other innovations in clinical practice	3.00 pm to 3.20 pm
Dr G. N. Khare	Parasitic infections and musculoskeletal disorders	3.20 pm to 3.40 pm
Dr L. Prakash	Physiological pain portals and PPB	3.40 pm to 4.00 pm
Dr John Ebnazer	What is holistic therapy?	4.00 pm to 4.20 pm
Dr Aroop Mukharjee	Are Diabetes and Thyroid Orthopaedic disorders?	4.20 pm to 4.40 pm
Dr Arvind Diwaker	Rational management of Burgers, ganglions and other disorders	4.40 pm to 5.00 pm

**Legend in Orthopaedics Dr C. J. Thakkar**
**From Orthopaedics to How I built my Aircraft and found passion for Flying :**
**Professor C. J. Thakkar (Surgeon to Aviator) 5.00 pm to 5.30 pm**


**Day two 5th April: 9 am to 1 pm, Saturday**  
**Pre Lunch ( 4 hours 10 lectures, MIROS workshop )**

**Non invasive, micro invasive, and mini invasive orthopaedic management session.**

<b>SPEAKER</b>	<b>TOPIC</b>	<b>TIME</b>
Dr Ganesh Ankam	My experiences with innovative IAOS non invasive methods.	9.00 am to 9.10 am
Dr L. Prakash	Block and walk fresh trochanteric fractures to union	9.10 am to 9.20 am
Dr Nilay Hande	MIROS and other mini invasive orthopaedics	9.20 am to 9.30 am
Dr Dayanidhi Jaiswara	Micro-invasive : My way	9.30 am to 9.40 am
Dr R.A.Agrawal	How Ilizarov changed my life	9.40 am to 9.50 am
Dr Dipendra Gurung	Humble hypodermic needle	9.50 am to 10.00 am
Dr Arvind Diwaker	A needle is mightier than sword	10.00 am to 10.10 am
Dr Susheel Chowdhary	The philosophy, techniques principles and examples of MIROS	10.10 am to 10.30 am
Dr Prashant Patil	MIROS in a smaller town	10.30 am to 10.40 am
Dr Kingshukh Mandal	Miros in distal radial and proximal humerus fractures	10.40 am to 10.50 pm
Dr Pankaj Katole	MIROS/TPTS, my experiences	10.50 noon to 11.00 pm

**Legend in Orthopaedics Dr Prasham Shah Keynote address**  
**From Trauma to Ilizarov to Molecular Therapeutics. Change is innovation.**  
**11.00 am to 11.30 am**

**Legend in Orthopaedics Dr Naresh Agrawal Keynote address**  
**From India to Afghanistan to U.K and back. Quest for knowledge learning and sharing.**  
**11.30 am to 12 noon**

**12.00 noon to 1.00 pm**  
**Transparent bone model workshop on MIROS**

**1 pm to 2.00 pm Lunch**

**Day two 5th April: 2 pm to 4 pm, Saturday  
 Post Lunch ( 2 hours 6 lectures )**

**Juggaad, the greatest Indian innovation in orthopaedics.**

<b>SPEAKER</b>	<b>TOPIC</b>	<b>TIME</b>
Dr A. N. Mukharjee	The juggaads that went into development of Mukharjee shoulder.	2.00 pm to 2.20 pm
Dr PNVSV Prasad	The toxic troubles faced and simple solutions to them	2.20 pm to 2.40 pm
Dr B. Shivashankar	The Solapur methods of overcoming troubles. The Solapur Jugaads	2.40 pm to 3.00 pm
Dr P. N. Vasudevan	Simple solutions to Complex situations	3.00 pm to 3.20 pm
Dr Jawahar Jhetwa	Orthopaedics is Innovation	3.20 pm to 3.40 pm
Dr Suresh Bhola	The forgotten enders nail	3.40 pm to 4.00 pm
Dr Aruchamy Ramalingam	My Experiences with biological methods in Malaysia	4.00 pm to 4.10 pm

**Legend in Orthopaedics Dr D.D.Tanna Keynote address  
 Orthopaedics Beyond Books and Journals  
 4.10 pm to 4.40 pm**

**Legend in Orthopaedics Dr Arvind Diwaker Jain Keynote address  
 My inventions, innovations and out of box1creations for numerous situation  
 4.40 pm to 5.10 pm**

**Legend in Orthopaedics Dr John Ebnazer Keynote address  
 My experiences beyond orthopaedics  
 5.10 pm to 5.40 pm**

**7.30 pm onwards grand banquet**



**Day three 6th April 9.30 am to 12.00 noon, Sunday  
Pre Lunch ( Two and half hours 10 lectures )**

## Learn today Perform Tomorrow

SPEAKER	TOPIC	TIME
Dr Deepak Sahorta	The Sahotra Portal for OA Knee	9.00 am to 9.15 am
Dr Arvind Agrawal	Gravity Method for Supracondylar fracture humerus.	9.15 am to 9.30 am
Dr PNVS Prasad Prasad	Prasad Method for Volar Barton and Smith Fractures	9.30 am to 9.45 am
Dr Jignesh Patel	Needle plasty for MCOA	9.45 am to 10.00 am
Dr N.J. Karne	The Karne Method of Ganglion bursting	10.00 am to 10.15 am
Dr P.N.Vasudevan	Easy way for bad distal radial fractures	10.15 am to 10.30 am
Dr B Shivashankar	Entry point controversy of PFN Solved	10.30 am to 10.45 am
Dr Amulya Singh	Emotional Healing - Smile and Happiness	10.45 am to 11.00 am
Dr G.N.Khare	No Fasciotomy for compartment syndrome	11.00 am to 11.15 am
Dr Arvind Diwaker	Magic Bullet for Ankylosing spondylosis	11.15 to 11.30 noon

**Legend in Orthopaedics Dr R.H.Gowardhan Keynote address  
Four decades of orthopaedics. Lessons for future generation.**

**11.30 am to 12.00 noon**

**Keynote closing address Dr L.Prakash**

**12.00 pm to 12.40 pm**

**It is not where you are but, what you do which is important**

**12.40 pm to 1.10 pm**

**Valedictory function, handing over of presidential collar and vote of thanks!**

**Dr Prasham Shah Hands over the Mantle of IAOS to Dr Aroop Mukharjee**

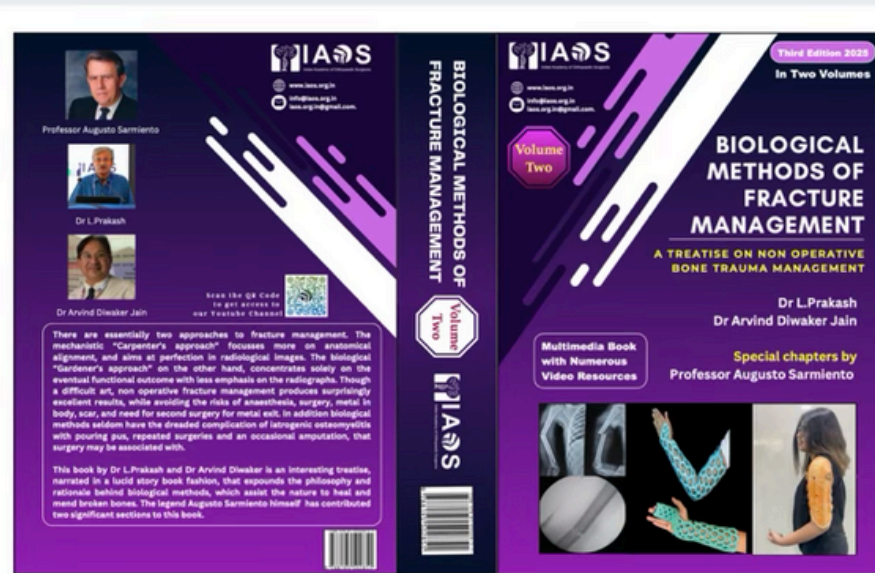
**Felicitation of IAOS staff. Vote of thanks and dispersal.**

**1.30 pm Lunch**

**All Registrants will get hard bound books worth  
Rs 12,000 with the delegate kit.**



**VOLUME 1**



**VOLUME 2**



[www.iaos.org.in](http://www.iaos.org.in)



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## Registrations before 15th January

Amount payable	IAOS life members	Prism Academy members and non orthopaedic doctors. (Only first day of the conference - maximum 40 delegates)	Orthopaedic surgeon Non Members including IAOS life membership
Conference registration fee	Rs 14,000	Rs 8,000	Rs 16,000
Banquet fee Optional	Rs 2000	Rs 2000	Rs 2000
Accompanying person fee (Includes conference lunch)	Rs 12,000	N/A	Rs 14,000

## Registrations after 15th January

Amount payable	IAOS life members	Prism Academy members and non orthopaedic doctors. (Only first day of the conference - maximum 40 delegates)	Orthopaedic surgeon Non Members including IAOS life membership
Conference registration fee	Rs 16,000	Rs 10,000	Rs 18,000
Banquet fee Optional	Rs 2000	Rs 2000	Rs 2000
Accompanying person fee (Includes conference lunch)	Rs 12,000	N/A	Rs 14,000

**Registration includes conference, workshops, coffee tea and lunches. Accommodation is not included. Accompanying persons sight seeing and programme is individual choice and not included.**

**No refunds !!!!**



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#### Accommodation in Venue hotel and Chennai :

- Double occupancy rooms in venue @Rs 8,000 per day includes breakfast and taxes first come first served.
- Only 10 rooms booked by IAOS in venue for delegates, rest are advised to book online.
- Twenty four 4/5 star hotels within 3 km radius of venue. Ambassador Pallava is close to Marina beach and is a heritage hotel.
- Registrations and accommodations are non cancellable and no refunds!

#### ACCOUNT DETAILS

Account No:120001617498

Name: IAOS TECHNOLOGY PRIVATE LIMITED

Bank : Canara Bank

IFSC Code: CNRB0001166



**Please calculate delegate fees, spouse or accompanying persons fees, accommodation charges and make composite payment for the event.**

**Take a screenshot and you will need to upload in form.**

**After payment is made please click below to fill Google form with payment screenshot**

**[Click Here](#)**



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