



MOACON 2024

The Majestic

Experience, Enjoy
The Orthopaedic **Kaleidoscope**

28th March: Pre-Conference Workshop

Dates: 29th, 30th, 31th March 2024

Venue: Westin Powai Lake Mumbai



Welcome Message



Dear Colleagues,

It is my great pleasure inviting you all to the first ever MOACON in MUMBAI. MOA was established in 1983 and the first MOACON was held in 1984. Since then MOACONS were held in many places including GOA and SHRILANKA but not in MUMBAI.

As we are now shifting the dates of MOACON from October–November to February–March every year and hand over of charge will be effective on 1st April, the EC of MOA will be conducting the MOACON 2024.

The EC took this opportunity and have unanimously decided to hold the conference in MUMBAI. With the help of MOA members from MUMBAI and nearby districts we will have a memorable event on the last week end of MARCH 2024.

I am sure you will be participating in large numbers to witness this Historic Event and make it a great success.

Wishing you all a great year ahead.

Dr. Rajendra Abhyankar
Organizing Chairman
MOACON 24, The Majestic

+91 9822047650
abhyankar58@gmail.com



Welcome Message

Dear Delegates,
Warm greetings!!!



On behalf of Maharashtra Orthopedic Association, it is our proud privilege to welcome you to Mumbai, for the most Prestigious, 40th Annual Conference of Maharashtra Orthopedic Association, **MOACON24, the Majestic**. It will be conducted from 28th March to 31st March 2024, at Elegant and Grand, Hotel West-in, Powai.

Since last 4yrs, MOA had galloped and progressed on every Front. It had helped its members in, not only Academics but, for solving their day-to-day issues in Orthopedic Practice like Nursing Home management, Medicolegal issues, different Insurances, Financial management, equipment bulk purchase & servicing etc. With huge success of IOACON 21 conducted at Goa, now, MOA is looking at next Horizon. **For the first time in History**, MOA is conducting its Annual conference at Mumbai, as an exclusive event.

Mumbai is our proud and flagship district Chapter. It is not only Financial Capital of India, but, has Armada of Internationally renowned Surgeons, world-class Academicians and High-standard Educational Institutes!

MOACON24, the Majestic, will be full of ultra-modern and Comprehensive Academics, where there will be more than **250 crème de la crème, National & International Faculties**. Opportunities will be given to share & present various innovative ideas, concepts and techniques from all corners of India. There will be **7 workshops** at different centres in and around Mumbai for a whole day. The 3 day conference will be conducted in **8 different Halls**. The thematic talks, plenary sessions, workshops, innovative techniques, poster & papers presentations will impart **Kaleidoscopic View of the Orthopaedic World**. Over & above exquisite exposition of Scientific Subjects, there will be enthralling, memorable Evening Entertainment. You can interact with who's who in the World of Orthopedics!

We are going to publish a Souvenir, Legends of MOA, as a tribute to Doyens in Orthopedics, who had helped MOA to reach at the Sky-high!

We earnestly invite you and your family to have this **Once-in-Lifetime Odyssey** and we ensure that you will go back with prolific, Academic rejuvenation!

We look forward to enjoy this memorable Union, Get-together & a Landmark Event!

Jai Hind, Jai Maharashtra.

Dr N J Karne

**Organizing Secretary,
MOACON 24, the Majestic**

**+91 9822036724
njkarne23@gmail.com**

Our Patrons



Dr Sudheer Babhulkar



Dr G S Kulkarni



Dr N S Laud



Dr K H Sancheti



Dr D D Tanna



Dr. Rajendra Abhyankar
Organising Chairman



Dr. N. J. Karne
Organising Secretary



Dr. Pradip Kothadia
Organising Vice Chairman



Dr. Abhijeet L. Wahegaonkar
Organising Treasurer



Dr. Eknath Pawar
Co-organizing Secretary



Dr Ashok Ghodake
Co-organizing Secretary



Dr Prashant Tonape
Co-organizing Secretary



Dr. Bharat Kotkar
Co-organizing Secretary



Dr. Amit Ajgaonkar
Co-organizing Secretary

Organizing Committee Members



Dr. W. M. Gadegone



Dr. Kiran Saoji



Dr. Sandeep Biraris



Dr. Sarang Deore



Dr. Devendra Paliwal



Dr. Amol Soni



Dr. Ruta Kulkarni



Dr. Prashant Bhutada



Dr. Deepak Sahasrabudhe



Dr. Ashutosh Apte



Dr. Sachin Abane



Dr. Abhay Mohite



Dr. Dhiraj Sonawane



Dr. Arjun Viegas

Committee Members

Accomodation

Dr Alfven Edwy Vieira
Dr Girish Ramashankar Agrawal
Dr Nilesh Gattani
Dr Swapnil Bhise
Dr Tushar Ubale
Dr Rushikesh Abhyankar
Dr Sachin Sampatrao Jadhav

Cultural & Entertainment

Dr D D Shah
Dr Ashutosh Jadhav
Dr Dheeraj Sonawane
Dr Nilesh Gattani
Dr Rahul Zanjurne
Dr Rushikesh Abhyankar
Dr Saijyot Raut
Dr Tanmay Athawale
Dr Yogesh Khandalkar
Dr Zahir Merchant

Hall & Stage

Dr Ajit Chalak
Dr Faisal R Khan
Dr Rushikesh Abhyankar
Dr Sachin Sampatrao Jadhav
Dr Swapnil Bhise

Reception

Dr Abhijeet Mahadar
Dr Kailash I Murarka
Dr Rushikesh Abhyankar
Dr Sachin Sampatrao Jadhav
Dr Swapnil Bhise

Audio Visual

Dr Pavan Jadhav
Dr Rushikesh Abhyankar
Dr Sachin Kale
Dr Saijyot Raut
Dr Zahir Merchant

Food & Banquet

Dr Alfven Edwy Vieira
Dr Chetan Chhajer
Dr Girish Ramashankar Agrawal
Dr Kiran H Mali
Dr Rahul zanjurne
Dr Rushikesh Abhyankar
Dr Sachin Sampatrao Jadhav
Dr Sidhant Goyal
Dr Sushant Vijaykumar Chichani
Dr Swapnil Bhise

Inauguration

Dr Ashutosh Apte
Dr Ajit Chalak
Dr Aniruddha Deshmukh
Dr Arjun Viegas
Dr Rushikesh Abhyankar
Dr Srisanat Rao

Registration

Dr Abhijeet Mahadar
Dr Ajit Chalak
Dr Kunal Bansal
Dr Naved Ansari
Dr Rushikesh Abhyankar
Dr Sachin Sampatrao Jadhav
Dr Sanjay Dhurjad
Dr Sidhant Goyal

Committee Members

Scientific

Dr Atul Anant Patil
Dr Pankaj Jindal
Dr Raghavendra Shankar Kulkarni
Dr Rajiv Munde
Dr Rohan Singh Parhar
Dr Santosh Shrirang Yadav
Dr Sushrut Babhulkar
Dr Yogesh Mokashi

Trade & Sponsorship

Dr Girish Ramashankar Agrawal
Dr Hemant Patil
Dr Nilesh Gattani
Dr Rushikesh Abhyankar
Dr Saijyot Raut
Dr Sushant Vijaykumar Chichani
Dr Tushar Ubale
Dr Zahir Merchant

Transportation

Dr Alfven Edwy Vieira
Dr Naved Ansari
Dr Rushikesh Abhyankar
Dr Subhash Prasad Singh

VVIP & Dignitaries

Dr Girish Ramashankar Agrawal
Dr Naved Ansari
Dr Nilesh Gattani
Dr Rushikesh Abhyankar
Dr Sachin Sampatrao Jadhav



CONVENER'S

| Sessions | Convenors |
|---------------------------|--|
| Arthroplasty Hip | Dr. Mahesh Kulkarni |
| Arthroplasty Knee | Dr. Neeraj Adkar |
| Arthroplasty Shoulder | Dr. Sanjay Desai, Dr. Hemant Wakankar |
| Arthroscopy Knee | Dr. Deepak Sahasrabudhe, Dr. Fayaz Memon, Dr. Prashant Tonape |
| Arthroscopy Shoulder | Dr. Deepak Sahasrabudhe, Dr. Nilesh Kamat |
| Arthroscopy Other Joints | Dr. Deepak Sahasrabudhe, Dr. Abhijeet Wahegaonkar |
| AVN Session | Dr. N J Karne |
| Earn More Than Just Money | Dr. N J Karne |
| Financial Management | Dr. Nitin Bhagali |
| Foot & Ankle | Dr. Girish Motwani |
| Free Paper | Dr. Ashok Ghodke |
| GOA Sesion | Dr. Ketan Thakkar |
| Hand Session | Dr. Abhijeet Wahegaonkar, Dr. Ashok Ghodke |
| Implant Removal | Dr. Pradeep Kothadia |
| Medicolegal | Dr. N J Karne |
| Non Unions | Dr. Ajit Chalak |
| Office Orthopaedics | Dr. Kiran Shete |
| Oncology Session | Dr. Manish Agarwal |
| Orthopedic Queens Session | Dr. Ruta Kulkarni, Dr. Neha Godghate |
| Osteoarticular Infections | Dr. Aditya Menon |
| Pediatrics Orthopedics | Dr. Taral Nagda, Dr. Tushar Agarwal, Dr. Gowerdhan Ingale, Dr. Atul Bhaskar |
| Pelviacetabular Fractures | Dr. Pradeep Nemade |
| Physiotherapy Session | Dr. Neha Bhise |
| Rheumatology Session | Dr. N J Karne |
| Spine Session | Dr. Dheeraj Sonawane, Dr. Shailesh Hadgaonkar |
| Trauma Session | Dr. Sushrut Babhulkar |
| Veterans Surgeons Forum | Dr. Pradeep Kothadia |
| Young Surgeon forum | Dr. Sarang Deore |

CONFERENCE HIGHLIGHTS

For the first time in History, MOA is conducting its Annual Conference at Mumbai

Ultra-modern and Comprehensive Academics

More than 250 crème de la crème, National & International Faculties

Armada of Internationally renowned Surgeons, world-class Academicians and High-standard Educational Institutes

7 workshops at different centres in and around Mumbai for a whole day

The 3-day conference will be conducted in 8 different Halls

Participation of about 1500 delegates

The thematic talks, plenary sessions, workshops, innovative techniques, poster & papers presentations will impart Kaleidoscopic View of the Orthopaedic World

Souvenir, Legends of MOA, as a tribute to Doyens in Orthopedics, who had helped MOA to reach at the Sky-high

There will be enthralling, memorable Evening Entertainment and Social Events



PRE-CONFERENCE WORKSHOPS

1 **Cadaveric Hand, Wrist & Elbow Workshop**
28th March, 2024 | MGM Hospital, Navi Mumbai
Conveners: Dr Ashok Ghodke

**CHARGES:
Rs. 6000**

**CHARGES:
Rs. 6000**

2 **Cadaveric Foot and Ankle Workshop**
28th March, 2024 | MGM Hospital, Navi Mumbai
Conveners: Dr Girish Motwani

3 **Hands-on Knee and Shoulder Arthroscopy: on Models and Videos**
28th March, 2024 | The Westin Mumbai Powai Lake
Conveners: Dr Deepak Sahasrabuddhe

**CHARGES:
Rs. 4000**

**CHARGES:
Rs. 4000**

4 **Interlocking & Enders Nailing in All long Bones:
Bone Models & Videos**
28th March, 2024 | The Westin Mumbai Powai Lake
Conveners: Dr Satish Mutha, Dr Jawahar Jethawa

5 **Primary & Complex Knee and Hip Arthroplasty Hands-on:
Bone Models and Videos**
28th March, 2024 | The Westin Mumbai Powai Lake
Conveners: Dr Neeraj Adkar

**CHARGES:
Rs. 4000**

**CHARGES:
Rs. 4000**

6 **Conservative & Operative management of Fractures in Children:
Tips & Tricks on Models & with Image Intensifier**
28th March, 2024 | The Westin Mumbai Powai Lake
Conveners: Dr Taral Nagda

7 **Spine Boot Camp Workshop**
28th March, 2024 | The Westin Mumbai Powai Lake
Conveners: Dr Dhiraj Sonawane, Dr Shailesh Hadgaonkar

**CHARGES:
Rs. 3000**

**CHARGES:
Rs. 2000**

8 **Pelviacetabular Workshop**
28th March, 2024 | The Westin Mumbai Powai Lake
Conveners: Dr. Pradeep Nemade

9 **Tendon Suturing Workshop**
28th March, 2024 | The Westin Mumbai Powai Lake
Convener: Dr.

**CHARGES:
Rs. 2000**



MAHARASHTRA ORTHOPAEDIC ASSOCIATION
MOACON 2024
The Majestic



Scientific Program

HALL A

29th March, Friday

DAY-1

| Time | Topic |
|---------------|--|
| 08:00 - 09:00 | Free Papers |
| 09:00 - 10:00 | Trauma: Lower Limb Session I, Case Based Discussion (15 min each) Convener: Dr Sushrut Babhulkar Moderator: Dr Sunil Kulkarni, Dr Amit Aijaonkar Panellists: Dr Pradeep Kothadia, Dr Gadegone, Dr Satish Mutha, Dr Abhijit Kale Presenters: Dr D D Tanna, Dr G S Kulkarni, Dr Sudhir Babhulkar, Dr Miliind Joshi |
| 10:00 - 11:00 | Trauma: Lower Limb Session II, Case Based Discussion (15 min each) Convener: Dr Sushrut Babhulkar Moderator: Dr Sushrut Babhulkar, Dr Sangeet Gawhale Panellists: Dr Ashutosh Apte, Dr DD Shah, Swapnil Kothadia, Dr R S Kulkarni Presenters: Dr Sunil Kulkarni, Dr Amit Aijaonkar, Dr Jawahar Jethwa, Dr Navin Thakkar |
| 11:00 - 11:30 | Trauma: Tips & Tricks + Analysis of Modern Implants + New Innovations Cases by Dr Sushrut Babhulkar Analysis by: Dr. D D Tanna, Dr. G S Kulkarni, Dr. Sudhir Babhulkar, Dr. Pradeep Kothadia, Dr. Sunil Kulkarni |



| Time | Topic |
|---------------|--|
| 11:30 - 12:30 | <p>Exploring Horizons: Arthroscopy Beyond Knee and Shoulder (8 + 2 mins)</p> <p>Convener: Dr Abhijeet Wahegaonkar</p> <ul style="list-style-type: none"> • The Hip: Dr Sham Shinde • The Wrist: Dr. Parth Agarwal • The Elbow: Dr. Prashant Kamble • The Foot & Ankle: Dr. Abhijit Bhosale • Endoscopic Carpal Tunnel Release: Dr. Abhijeet Wahegaonkar • Discussion: 5 mins |
| 12:30 – 01:00 | <p>Learn from Stalwarts</p> <p>Moderator: Dr Prashant Tonape</p> <ul style="list-style-type: none"> • Direct Anterior Approach for Complex Primary THA: Dr Deepak Gautam (10 min) • Management of Fracture Acetabulum - Present Scenario & Future: Dr N K Magu (10 min) • Tendon Transfer for Radial Nerve Palsy: Video: Dr D D Shah (10 min) |
| 01:00 - 02:00 | Lunch |
| 02:00 - 03:00 | <p>Paediatric Orthopedics: Fractures in Children</p> <p>Convener: Dr. Gowardhan Ingale Co-Convener: Dr. Deepak Jain</p> <ul style="list-style-type: none"> • Principles of Casting - Both Bone Forearm Fractures: Dr. Chintan Doshi • Techniques of closed reduction pinning - SCH #: Dr. Tarang Khairnar • Lateral Condyle Fractures - when to fix ??: Dr. Vishal Chandak • Distal Radius fractures - Casting vs Pinning: Dr. Tarang Khairnar • PIP Joint Fracture dislocation in Children: Dr. Bipin Ghanghurde • Principles of Management of Physeal Injuries: Dr. Vikas Basa |

Time

Topic

03:00 - 04:00

Paediatric Orthopedics: Day to Day Paediatric Orthopaedics

- Toe walking in Children - Causes and Management: Dr. Gowardhan Ingale
- In-toeing and out-toeing Gait: Dr. Chintan Doshi
- Growing pains; Naive Pains or Red Flags: Dr. Vikas Basa
- How to tackle a child with Severs Disease: Dr. Sohrab Ahmed
- Managing a child with Pulled elbow: Dr. Darshan Kapoor
- Osgood Schlatter Disease - treatment Options: Dr. Deepak Jain

04:00 – 05:30

Inauguration

05:30

GBM

Onwards



Time

Topic

08:00 - 09:00

Free Papers

09:00 - 10:00

Knee Arthroscopy: Ligaments Session

Convener: Dr Deepak Sahasrabudhe, Dr Faiyaz Memon

- Medial Side Injury: Dr Shripad Joshi
- Posterolateral Injury: Dr Sameer Shaikh
- ACL Avulsion repair: Dr Satyajit Jagtap
- PCL Reconstruction- Tips & Tricks: Dr Sandeep Biraris
- Lateral Extra- articular Tenodesis: Dr Namdeo Gorgile
- Multi-ligament Knee Injuries: Permutations and treatment plans: Dr S Arumugam

10:00 - 11:30

Primary & Difficult TKR Session (10 min each)

Convener: Dr Hemant Wakankar, Dr Neeraj Adkar

- Pre op planning and Implant Selection in Primary TKR - Dr Anoop Dhamangaokar
- Tips and Tricks to get well balanced Knee after TKR - Dr Mohan Desai
- My protocol to avoid Intraop complications in TKR - Dr S S Mohanty
- Why Knee fail in 2024: Dr Gautam Chakrabarty
- PJI - 10 commandments to prevent it ! - Dr Neeraj Adkar
- Uni - When and in whom: Dr Gautam Chakrabarty

Difficult Primary TKR - Panel Discussion & Q&A Session (30 minutes)

Moderator: Dr Hemant Wakankar

Panel: All Faculty



| Time | Topic |
|---------------|--|
| 11:30 - 01:00 | <p>Symposium on Osteoarticular Infections Each Talk (10 + 2 mins) Case Based Talks: Literature/ Guidelines mixed with cases Convener: Dr Aditya Menon</p> <ul style="list-style-type: none"> • Retain or Remove Implants in Early FRI: Every Surgeons Worst Nightmare: Dr Milind Joshi • To DAIR or not to DAIR in Early PJI: Current Guidelines: Dr Srisanat Rao • How can a surgeon avoid disaster of “Negative Cultures”: Dr Aditya Menon • ABC of Bugs and Drugs in Osteoarticular Infections: Dr Umang Agrawal • Infected Non- Union: Internal versus External Fixation: Dr Swapnil Kothadia • Late PJI: Tips and Tricks for 2 stage revision: Dr Jay Shah • Local Antibiotic Delivery Options: What, When and How: Dr Guddu Babladi • Q & A (6 min) |
| 01:00 - 02:00 | Lunch |
| 02:00 - 03:00 | <p>Shoulder Arthroscopy (8+2 min) Convener: Dr Deepak Sahasrabuddhe, Dr Nilesh Kamat</p> <ul style="list-style-type: none"> • First time dislocator - Is surgery really needed?: Dr. Neha Godghate • Is Bankart repair the only solution to anterior instability?: Dr. Fayaz Menon • Bony Bankart lesions - my technique to restore anatomy: Dr. Shripad Joshi • Posterior instability - addressing the entire spectrum: Dr. Sagar Kakatkar • Massive rotator cuff tears - identifying tear patterns and reparabilit: Dr. Amol Tambe • Subscapularis tears management- my strategy: Dr. Namdev Gorgile |

Time

Topic

03:00 - 04:00

Orthobiologics (10 + 2 min)

Convener: Dr N J Karne

- Orthobiologics in Orthopedics - is there evidence?:
Dr Sharmila Tulpule
- Platelet Rich Plasma in Knee osteoarthritis : Dr Vijay Shetty
- PRP in Nonunion of long Bones: 22 yrs experience :
Dr Raghvendra Kulkarni
- BMAC in AVN Femoral Head : Dr Prashant Tonape
- Adipose Stem Cells in Knee osteoarthritis :
Dr Sharmila Tulpule

04:00 – 05:30

Inauguration

05:30

GBM

Onwards



Time

Topic

08:00 - 09:00

Free Papers

09:00 - 1:00

Hand Session

Conveners: Dr Ashok Ghodke, Dr Abhijit Wahegaonkar

Distal End Radius (DER): Bread and Butter of every Trauma Surgeon

Moderator: Dr. Sudhir Warriar, Dr. Hemant Patankar

Investigation and planning: Dr. Nikita Shetty

Fragment Specific Fixation Dr. Abhijeet Wahegaonkar

Dorsal plate - Graveyard to Eden: Dr. Sudhir Warriar

Predictive value of Ulnar Styloid in DER: Dr. Raghavendra Kulkarni

External fixator: Dr. Navin Thakkar

Realigning malunion: Dr. Hemant Patankar

HAND IN HAND - Challenges to Triumph

Moderator: Dr. Vijay Malshikare, Dr. Deepak Malokar

- Mutilating Injuries of the hand: Dr. Pankaj Jindal
- Conservative treatment of Bony and soft tissue injury in fingers: Dr. Hemant Patankar
- Fingertip injuries: Dr. Vijay Malshikare
- Stiff fingers and hand - A stiffness which you don't want: Dr. Abhijeet Wahegaonkar
- Metacarpal shaft and neck fractures - Plethora of technique: Dr. S Prashanth
- PIP joint - what to do when: Dr. Bipin Ganghurde

Lessons- learned from my worst case

Moderator: Dr. Pankaj Jindal, Dr. Warid Altaf

Dr. Sudhir Warriar

Dr. Hemant Patankar

Dr. Abhijeet Wahegaonkar

Dr. Pankaj Jindal

Dr. Prashant Kamble

Dr. Anil Bhatia

Time

Topic

Understanding Carpals

Moderator: Dr. Nilesh Darawade, Dr. S Prashanth

- Acute Scaphoid: Dr. Nilesh Darawade
- Approach to perilunate injuries: Dr. Prashant Kamble
- Kienbock's Disease: Dr. S Prashanth
- Scaphoid Peg Bone Shaft without Screw Fixation: Dr. Vijay Malshikare
- Neglected Trauma: Dr. Pankaj Jindal
- CMC Arthritis: Dr. Kiran Ladkat

01:00 - 02:00

Lunch

02:00 - 03:00

Arthroscopy: Graft Options & Harvesting (10 + 2 min)

Moderator: Dr Sandeep Biraris, Dr Faiyaz Memon

- BTB: Dr S Arumugam
- Hamstrings: Dr Sagar Kakatkar
- CQT: Dr Rajiv Munde
- Peronei: Dr Prashant Tonape
- Allograft options and synthetic grafts: Dr Roshan Wade

03:00 - 04:00

Nerves in Upper Limb

Conveners: Dr. Anil Bhatia, Dr. Bipin Ghanghurde

- Carpal tunnel syndrome: Dr. Ashok Ghodke
- Basics of brachial plexus what to do: Dr. Anil Bhatia
- Humerus Shaft Fracture associated with nerve palsy: Dr. Deepak Malokar
- Radial tunnel syndrome: Dr. Vijay Malshikare
- Role of Surgery in CPS: Dr. Bipin Ghanghurde
- Cubital tunnel and Guyon Canal: Dr. Kiran Ladkat

04:00 – 05:30

Inauguration

05:30

GBM

Onwards

Time

Topic

08:00 - 09:00

Free Papers

09:00 - 10:00

Spine: Advances in Lumbar Disc and Listhesis Management
Conveners: Dr Dhiraj Sonawane, Dr Shailesh Hadgaonkar

Introduction (2 minutes)

- Welcome and opening remarks: Dr Shailesh Hadgaonkar
- Brief overview of the conference objectives:
Dr Dhiraj Sonawane

1. Tribate (20 mins)

**Faculty: Dr Abhay Nene, Dr Vivek Deshmukh,
Dr Malcolm Pestonji**

**Moderator: Dr Anand S Kavi, Dr Gautam Zaveri,
Dr Vishal Kundnani, Dr Girish Datar**

Topic: Endoscopic vs Microtubular vs Microdisectomy
(6 mins each)

Dr Anand S Kavi/Dr Gururaj/Dr Sameer Dalvi
Q&A session

2. Tribate (20 mins)

Faculty: Dr Abhay Nene

Topic: MIS vs Open TLIF vs ENDO TLIF (6 mins each)

Gautam Zaveri(Open TLIF) V/S Vishal Kundnani/Mihir Bapat
(MIS) V/S Shailesh Hadgaonkar(Endo TLIF)

Q&A session

3. Case Discussions (30 minutes)

Case 1: Lumbar disc with Stenosis: Only Decompression is Enough? Dr Chaitanya Chikhale

Case 2: Lumbar disc with stenosis with G1 listhesis & without LBA- Dr Muktadeer Ansari

Case 3: Endoscopy under local anaesthesia for Lumbar Stenosis: Dr Anand S Kavi

Case 4: Differential for Cervical Myeloradiculopathy?
Dr Mohit Mutha

Time

Topic

4. **Debate: UBE Vs Interlaminar Vs Transforaminal (20 min)**
Dr Malcolm Vs Dr Girish Datar Vs Dr Pramod Lokhande
(6 mins each)
Q&A session
5. **Invited Talk My Experience with Endoscopy : Present & Future (15 min)**
Message to beginners in Endoscopy:
Dr Satishchandra Gore
6. **Interactive Session (5 minutes)**
 - Open floor for audience questions and discussions
 - Interactive polls or surveys to engage the audience
 - Addressing common queries and sharing insights
7. **Conclusion (5 minutes)**
 - Summarize key takeaways from the conference
 - Announce future events or initiatives

11:00 - 12:00

Spine: Current Concepts & Practices in Spine Osteoporosis and Spinal Trauma

Faculty: Dr Gautam Zaveri, Dr Amol Rege, Dr Mandar Borde, Dr Kedar Deogaonkar

1. **Introduction (2 minutes)**
Welcome and introduction of the conference theme
Brief overview of the agenda for the session
2. **Keynote Lecture (10 minutes)**
Approach to a patient with Osteoporotic Fracture, in Elderly:
Dr Gautam Zaveri



Time

Topic

3. **Case Discussions (20 minutes) 5 min each**
Case 1: Osteoporotic vertebral fracture ? Vertebroplasty with biopsy?: Dr Ajay Kothari
Case 2: Vertebral Fractures in Osteoporosis? Reconstruction or intrabody bone grafting: Dr Tushar Deore
Case 3: Complicated Vertebroplasty? Infection / leakage: Dr Kedar Deogaonkar
4. **Debate Session (5 minutes)**
Topic: Vertebroplasty vs kyphoplasty: Dr Priyank Patel
5. **Interactive Session (5 minutes)**
 - Open floor for audience questions and discussions
 - Interactive tools such as polls or surveys to engage the audience
 - Common queries and sharing insights
6. **Conclusion (5 minutes)**
 - Key takeaways from the conference
 - Gratitude to speakers, sponsors, and attendees

12:00 – 01:00

Special Talks

Faculty: Dr Tushar Rathod, Dr Faisal Khan, Dr Nikhil Malewar Chaitanya Chikhale

- My experience with spine Fusion: Dr Ram Chaddha (10 min)
- My innings with MDR & XDR TB: Dr Abhay Nene (10 min)
- My experience with Navigation: Dr Vishal Kundnani (8 min)
- Arm Navigation Endoscopic surgery-Does it really help outcomes ? Dr Shailesh Hadgaonkar (8 min)
- Spinal lesion- my learning's: Dr Kedar Deogaonkar (8 min)
- Unilateral Bipolar Endoscopy: Dr Ashwin Khandge (8 min)
- Use of advanced technology in spine Dr Dheeraj Sonawane (8 min)

01:00 - 02:00

Lunch

Time

Topic

02:00 - 03:00

Foot and Ankle

Mastering Our Learning in Foot Ankle Injuries (7 min each)

Moderators: Dr. Abhishek Kini, Dr. Dhruvin Sangoi

- Deltoid Ligament Injury - Where Do We Stand in 2024?
Dr. Sampat Dumbre Patil
- Fixation of Posterior Malleolus & Syndesmosis Injury - When & How? Dr. Girish Motwani
- Avoiding Complications - Tips & Tricks of Talar Fracture Fixation: Dr. Pradeep Moonot
- Lisfranc Injury - How Not to Miss & Fixation Technique: Dr. Abhishek Kini
- Calcaneum Fracture - Current Updates?:
Dr. Gurunath Wachchhe
- Q & A: 5 min

Panel Discussion on Difficult Trauma (20 min)

Moderator: Dr Girish Motwani

Panelists: Dr. Sampat Dhumbre Patil, Dr. Pradeep Moonot,
Dr. Gurunath Wachche, Dr. Pascal

03:00 - 04:00

Pelviacetabular Fractures

Convener: Dr Pradeep Nemade, Dr Pradeep Kothadia

**Panelist: Dr N K Magu, Dr Pradeep Nemade,
Dr Pradeep Kothadia**

Moderator : Dr Milind Joshi

**Panelist: Dr Aditya Apte, Dr Venugopal Smabharam,
Dr N K Magu, Dr Pradeep Nemade, Dr Pradeep Kothadia**

- Concept of pelvic stability and decision making in pelvis fracture: 8 min : Dr Nemade
- Acute management of pelvis fracture: a stitch in tie saves nine: 8 min Dr Venugopal Sambharam
- Technical video: Plating of Symphysis Pubis: Dr N K Magu: 6 min
- Technical video: how to put SI screw: 6 min NK Magu

Scientific Program

HALL D

29th March, Friday

DAY-1

Time

Topic

- Technical video: how to put supraacetabular external fixator : 6 min Dr Milind Joshi
- Technical video : Ramus screw fixation : 6 min Dr Aditya Apte
- Panel Discussion moderator Dr Milind Joshi :14 min

04:00 – 05:30

Inauguration

05:30

GBM

Onwards

| Time | Topic |
|---------------|--|
| 08:00 - 09:00 | Free Papers |
| 10:00 - 11:00 | District Session NMOA Session Theme: Interesting cases <ul style="list-style-type: none"> • Challenges Faced in Monteggia Fracture with Lateral Condyle of Humerus in 3year Old: Dr Sohrab • Tibial Spine ACL Avulsion Fracture: Dr Aditya • Failed Back Surgery Syndrome: Dr Agnivesh Tikoo • Double Osteotomy In A 42year Old Osteoarthritic Knee With Varus Deformity: Dr Vaibhav • Bloodless field with vascular surgery: Dr Deepak Gautam • Spine: Dr Sumeet Sonawane • Revision Arthroplasty in failed THR: Dr Subhash Singh |
| 11:00 - 12:00 | District Session Ahmednagar Session <ul style="list-style-type: none"> • Percutaneous fixation of avulsed PCL injury: Dr Mandar Bhosle • Sacro-iliac joint fixation with percutaneous screw: Dr Dinesh Patole • My experience with TCC nail in ankle: Dr Vikrant Ghanvat • Mini open repair in rotator cuff tears: Dr Akhil Dhanorkar • Endoscopic discectomy in Cervical Spine: Dr Gajendra Pawal • Anatomical repair of acromio clavicular joint dislocations: Dr Rahul Pandit |
| 12:00 - 01:00 | District Session Akola Orthopedic Society (AOS) Theme: Degeneration: Current Concepts <ul style="list-style-type: none"> • Shoulder: Dr Tejas Waghela • Hand: Dr Dipak Malokar • Post Traumatic Degeneration - PTOA/PTIA: Dr Parth Gawatre • Spine: Dr Sanjay Shinde • Hip & Knee Preservation: Dr Milind Chaudhary • Professional Degeneration: Dr Tarun Rathi |

| Time | Topic |
|------------------|---|
| 01:00 - 02:00 | Lunch |
| 02:00 - 03:00 | District Session Amaravati Orthopedic Association Convener: Dr R W Baitule <ul style="list-style-type: none">• Tips and tricks to reduce thoracolumbar fracture dislocations: Dr Chaitanya Chikhale• Beyond Orthopaedics- A successful UPSC IAS journey of an Orthopaedic Surgeon: Dr Sangram Deshmukh |
| 03:00 – 04:00 | Rest of Maharashtra Session Convener: Dr Eknath Pawar <ul style="list-style-type: none">• Treatment of unstable inter-trochanteric femoral fractures using a 95/125 degrees angled blade plate: Dr Apratim Deekshit, Chandrapur 10 min• Neglected epidemic: War on roads, Strengthening of trauma care centres in Maharashtra is the NEED OF HOUR: Dr Raghvedra Kulkarni 10 min |
| 04:00 – 05:30 | Inauguration |
| 05:30 Onwards | GBM |





MAHARASHTRA ORTHOPAEDIC ASSOCIATION
MOACON 2024
The Majestic



Scientific Program

HALL A

30th March, Saturday

DAY-2

| Time | Topic |
|---------------|---|
| 08:00 - 09:00 | Free Papers |
| 09:00 - 10:00 | Knee Arthroscopy: Meniscus & Cartilage Convener: Dr Sandeep Biraris, Dr Prashant Tonape <ul style="list-style-type: none">• Medial meniscus tear patterns and repair techniques: Dr Kaustubh Sawant• Root tears: Dr Prashant Tonape• Bucket handle tears: Dr Sachin Karkamkar• Ramp lesions: Dr Roshan Wade• Osteochondral lesions and treatment protocols: Dr Nandan Rao• Is my ACL graft Loose: Dr Faiyaz Memon |
| 10:00 - 12:00 | Invited Guest Talks (20 min each) <ul style="list-style-type: none">• Design for Defects & Deformity Optimisation of Orthopaedics using 3D Technology: Dr Vikas Jain, Vapi, Gujarat• Managing the High Profile Patient - Is it different & the role of Vedas: Dr Sanjay Desai• Dr Narendra Vaidya• Big Dreams, Small Hospital, Difficult Survival.... What is the Solution?: DR WM Gadegone |
| 12:00 - 01:00 | AVN: Can we save the Femoral Head before Collapse: Panel Discussion Moderator: Dr N J Karne Panelists: Dr Sudheer Babhulkar, Dr N K Magu, Dr Alok Agarwal, Dr Vijay Kakatkar, Dr Kiran Saoji, Dr Anil Golhar, Dr Ashish Arbat |
| 01:00 - 02:00 | Lunch |

| Time | Topic |
|---------------|--|
| 02:00 - 03:00 | <p>Paediatric Orthopedics: Clubfoot & Others</p> <ul style="list-style-type: none"> • Technique & Common Errors in Ponseti Casting: Dr. Tarang Khairnar • Botox Vs Tenotomy in the Management of Clubfoot by Ponseti's Method: Dr. Alok Agarwal • Braces in CTEV: Dr. Gowardhan Ingale • Management of Neglected Clubfoot by JESS: Dr. Alok Agarwal • Blounts osteotomy: Dr. Panag Bhushan |
| 03:00 - 04:00 | <p>Trauma: Complex: Case Based Discussion (15 min each) Convener: Dr Sushrut Babhulkar Moderator: Dr D D Tanna, Dr G S Kulkarni Panellists: Dr Sunil Kulkarni, Dr Pradeep Kothadia, Dr Pannag Bhushan, Jharkhand, Dr Nitin Kimmatkar, Dr Milind Joshi Presenters: Dr Sangeet Gawhale, Dr Gadegone, Dr Manoj Choudhary, Dr Sushrut Babhulkar</p> |
| 04:00 - 05:00 | <p>Trauma: Mixed Bag: Case Based Discussion (10 min each) Convener: Dr Sushrut Babhulkar Moderator: Dr Sunil Kulkarni, Dr Sushrut Babhulkar Panellists: R S Kulkarni, Sangeet Gawhale, Nitin Kimmatkar, Satish Mutha Presenters: Dr Pradeep Kothadia, Dr Nitin Kimmatkar, Dr Satish Mutha, Dr Ashutosh Apte, Dr Sachin Bhosle, Dr Abhijit Kale</p> |
| 05:00 - 05:30 | <p>Trauma: Analysis of Modern Implants: Upper Limb (10 min each) Convener: Dr Sushrut Babhulkar Panelists: Dr Pradeep Kothadia, Dr Amit Ajgaonkar, Dr Ashutosh Apte, Dr Amitava Narayan</p> <ul style="list-style-type: none"> • Distal Humerus Plates: Dr R M Chandak • Distal Radius Plates: Dr Abhijit Wahegaonkar • MIROS/TPTS: Dr Amitava Narayan, Kolkata |

Time

Topic

05:30 – 06:00

Learn from Stalwarts II (10 min each)

- Open Latarjet -Relive surgery: Dr Swarnendu Samanta
- Treatment of Fractures in Osteoporotic Bones: Dr D D Shah
- Plating of Symphysis Pubis: Dr N K Magu



| Time | Topic |
|---------------|--|
| 08:00 - 09:00 | Free Papers |
| 09:00 - 10:00 | <p>Foot & Ankle Treating Challenging Deformities & Instabilities in Foot and Ankle - Case-Based Moderators: Dr. Pradeep Moonot, Dr. Shyam Thakkar (8 min each)</p> <ul style="list-style-type: none"> • Autologous matrix induced chondrogenesis (AMIC) in foot ankle: Dr Abhijit Bhosale • Surgery in Charcot Arthropathy - How to Handle It: Dr. Dhruvin Sangoi • Neglected Ankle Fracture - Planning & Techniques: Dr. Sampat Dhumbre Patil • Chronic Ankle Instability - ATFL Repair - When and How: Dr. Shyaam Thakkar • Painful Flat Foot - It's Not Just Fallen Arch!: Dr. Girish Motwani • Hindfoot arthritis- how do I tackle it?: Dr Abhijit Bhosale • Q & A: 12 Min |
| 10:00 - 12:00 | Hall A: Invited Guest Talks |
| 12:00 - 01:00 | Hall A: AVN: Panel Discussion |
| 01:00 - 02:00 | Lunch |



Time

Topic

02:00 - 03:30

Hip Arthroplasty: Basic & Complex (Each talk 8 min)

Convener: Dr Hemant Wakankar, Dr Mohan Desai, Dr Mahesh Kulkarni

- What are the Causes of Failure In Hip Arthroplasty?
Dr Jay Shah, Mumbai
- Aseptic loosening causes and prevention:
Dr Sinu Bhaskaran, Pune
- New Bearings- Dr Umesh Kulkarni, Nasik
- Diagnosis of Infected THR-Dr Panjwani, Mumbai
- Treatment of infected THR- Dr sanchit Mehendale, UK
- Prevention of Hip Dislocation-surgical strategies:
Dr Sridhar archik
- Treatment of unstable THR: Dr Harish Bhende Mumbai
- Discussion: 30 min

03:30 - 04:30

Shoulder Arthroplasty

Convener: Dr Sanjay Desai

Faculty: Dr DD Tanna, Dr Amol Tambe (UK), Dr Suyog Kulkarni (Australia), Dr Amitava Narayan

- Stemless Shoulder Replacement... 12+3 min
- Advances in Reverse Shoulder Arthroplasty... 12+3 min
- Panel Discussion of Shoulder Arthroplasty cases... 30min

04:30 - 05:30

Broken and Difficult Implant removal Session

Convener: Dr Pradeep Kothadia

Moderator: Dr Amit Ajgaonkar

Faculties: Dr WM Gadegone, Dr Kiran Saoji, Dr Naveen Thakkar, Dr Milind Joshi, Dr Santpure, Dr Nitin Patil, Dr Sambaram

- Screws
- Broken Nails
- Guide wire
- TENS nail
- Broken Stem
- Panel Discussion

| Time | Topic |
|---------------|--|
| 08:00 - 09:00 | Free Papers |
| 09:00 - 10:00 | <p>Elbow 360 Moderator: Dr. Prashant Kamble, Dr. Chaitanya Karande Patil</p> <ul style="list-style-type: none"> • Understanding fractures around elbow: Dr. Gautam Taori • Radial head: Dr. Parth Agarwal • Unstable elbow - terrible triad, Ligament Repair and Reconstruction: Dr. Prashant Kamble • Stiff Elbow: Dr. Abhijeet Wahegaonkar • Arthroscopy: Dr. Chaitanya Karande Patil • Anterior Shear #: Dr Anup Bansode |
| 10:00 - 12:00 | Hall A: Invited Guest Talks |
| 12:00 - 01:00 | Hall A: AVN: Panel Discussion |
| 01:00 - 02:00 | Lunch |
| 02:00 - 03:00 | <p>ANMOL Women Wing Session Convener: Dr Ruta Kulkarni, Dr Neha Godghate</p> <p>A. 3 talks (8+2 mins) Chairperson : Dr. Neha Godghate Dr. Poonam Mukhi</p> <ul style="list-style-type: none"> • What I learned about revision THR? Dr. Tanvi Suryawanshi • Principals of management in pediatric fractures: Dr. Khyati Gupta • Arthroscopic fixation of fractures: Dr. Neha Godghate <p>B. Panel discussion: 24mins (6 mins each) Panelist: Dr. Poonam Mukhi, Dr. Tanvi Suryawanshi OMG cases: "Darr ke aage jeet hai"</p> <ul style="list-style-type: none"> • A rare case of Heterotrophic ossification of hip: Dr. Chaitrali Gundawar • Different geometry- Different approach: Complex pelvi-acetabulum fracture management: Dr. Sasha Martyres • Intra-op decision making in hand surgery: Dr. Nikita Shetty • Topic name: Dr. Mitali Mokashi |

Time

Topic

03:00 - 05:00

Guest State: Gujarat Orthopedic Association (GOA) Session**Conveners: Dr. Vijay Sata**

- My innovation for Ortho Onco is helpful for all:
Dr. Abhijeet Salunke 6 minutes
- IOTSS- Happy Patient, Happy Surgeon Dr. Bharat Dave 8 minutes
- OLIF- Oblique Lumbar Inter-Body Fusion- from posterior to anterior MIS. The power of MIS and indirect decompression:
Dr. Niraj Vasavada 7 minutes
- **PANEL DISCUSSION 1:** Giant individual vs Group practice vs Corporate practice- 22 min
Panelists: Dr. Bharat Dave, Dr. Dimple Parekh, Dr. Pranav Shah, Dr. Kamlesh Devmurari, Dr. Jignesh Pandya, Dr. Niraj Vasavada
- When your co-worker is a Robot, you are more relaxed:
Dr. Dimple Parekh 8 minutes
- TKR in fractures around the knee: Dr. Narendra Parmar 7 minutes
- Long term followup of 3-D image printing in GCT:
Dr. Vikas Jain 6 minutes
- **PANEL DISCUSSION 2:** How to adapt to challenges of various Government Schemes and Insurance companies' tantrums: 21minutes
Participants: Dr. Navin Thakkar, Dr. Jawahar Jethwa, Dr. Dinesh Thakkar, Dr. Vikas Jain, Dr. Narendra Parmar, Dr. Dimple Parekh
- Lateral close wedge osteotomy- the workhorse for OA:
Dr. Dinesh Thakkar 7 minutes
- If you cannot draw the fracture, you cannot fix it- XRAYs and CT understanding of Pilon fractures: Dr. Jignesh Pandya 7 minutes
- Open Elbow Arthrolysis- 360 degrees- How to do it?
Dr. Pranav Shah 7 minutes
- SCFE- how not to miss and fix it in situ: Dr. Kamlesh Devmurari 7 minutes
- Suprafibular approach-when and how? Video and case:
Dr. Navin Thakkar 7 minutes

Time

Topic

05:00 - 06:00

Hand: Surgical Videos

Conveners: Dr Ashok Ghodke, Dr Abhijit Wahegaonkar

- De Quervains: Dr. Nilesh Darawade
- Trigger Finger: Dr. S. Prashant
- Tennis Elbow: Dr. Abhijit Wahegaonkar
- Percutaneous Scaphoid: Dr. Prashant Kamble
- EIP – EPL Transfer: Dr. Deepak Malokar
- Carpal Tunnel Syndrome: Dr. Satish Mane

| Time | Topic |
|---------------|---|
| 08:00 - 09:00 | Free Papers |
| 09:00 - 10:00 | Office Orthopedics Convener: Dr Kiran Shete <ul style="list-style-type: none"> • Spinal Injections: Dr. Kiran Shete (10 min) • Frozen Shoulder Treatment Options: Dr. Amit Kale (10 Min) • Injections to avoid/postpone Surgeries: Dr. Narayan Karne (15 min) • Optimal Use of Walking Aids: Dr. Anil Karkhanis (10 Min) • Chronic LBP - Multidisciplinary Approach: Dr. Kiran Shete (10 min) • Discussion (5 min) |
| 10:00 - 12:00 | Hall A: Invited Guest Talks |
| 12:00 - 01:00 | Hall A: AVN: Panel Discussion |
| 01:00 - 02:00 | Lunch |
| 02:00 - 03:30 | Spine: Contemporary Challenges in Spinal Infections and Tuberculosis Management Conveners: Dr Sameer Dalvie Faculty: Dr Gururaj S, Dr SK Shrivastava <ol style="list-style-type: none"> 1. Introduction (2 minutes) <ul style="list-style-type: none"> • Welcome and introduction to the conference theme • Brief overview of the agenda for the session 2. Everything is not TB: Dr Ajay Kothari (8 min) 3. Spinal TB- Ascertaining Diagnosis : Dr Anil Jain (10 min) 4. Keynote Lecture (15 minutes) Dr Dheeraj Sonawane, Dr Tushar Rathod <ul style="list-style-type: none"> • Presentation: “Common errors in prescribing AKT”: By Infection disease or TB specialist • Overview of recent advancements, emerging trends, and best practices • TB protocol - middle path regimen 5. Drug resistance in Tuberculosis- a menace: Dr Anil Jain (10 min) |

Time

Topic

6. **Case Discussions** (7 minutes each)
- **Case 1:** Spinal Tuberculosis managed conservative:
Dr Aditya D Kashikar
 - **Case 2:** Pyogenic Spinal Infection & Brucellosis:
Dr Shardul Soman
 - **Case 3:** Fungal Spinal Infections: Dr Himanshu Kulkarni

Interesting Session in Spine (7 minutes each)

- Tubular Microdisectomy: Dr Faisal R Khan
- Atlanto Axial pathology: What every Orthopaedic surgeon should know: Dr Tushar N Rathod
- Role of MIS posterior spinal fusion in osteoporotic vertebral fracture: Dr Amit Kale

03:30 - 05:00

Orthopedic Oncology: Case Based Discussion

Convener & Moderator: Dr Manish Agarwal

Panellists: Dr G S Kulkarni, Dr D D Tanna, Dr S S Babulkar, Dr Singaravadivelu, Dr Vijay Kakatkar, Dr P Kothadiya, Dr Yogesh Panchwagh, Dr Prakash Nayak, Dr Abhijit Salunkhe, Dr Mani Gundavda

Cases: Common lesions seen by General Orthopaedic Surgeons (Touch-Me-Not lesions, Benign Tumors, Cystic Lesions, Lytic Lesions, Pathological Fractures etc)

05:00 - 06:00

Young Surgeon Forum

Convener: Dr Sarang Deore

- Arthroscopic Reduction and Fixation of an Anterior Glenoid Fracture Using: Dr Rajendra Fiske
- Jig Based Imageless Robotics system (ROSA Robotics) has less outliers in coronal plane alignment than Sagittal plane alignment with better early functional results and associated with minimal learning curve in robotic total knee arthroplasty - Analysis of first 100 cases: Dr.Abhishek Shinde
- Interlaminar Full Endoscopic Spine Surgery: Usefulness in different lumbar Pathologies: Dr. Shrikant Dahibhate

| Time | Topic |
|----------------------|--|
| 08:00 - 09:00 | Free Papers |
| 10:00 - 11:00 | <p>Digital Technology Convener: Dr Jawahar Jethwa Moderator: Dr Navin Thakkar</p> <ul style="list-style-type: none"> • Digital Technology, Wide and Wild: Dr Jawahar Jethwa • AI Chatbots are your assistants: Dr Jawahar Jethwa • Let AI create pamphlets and presentations: Dr Jawahar Jethwa • Wow! Tools, and Scopes: Dr Jawahar Jethwa • How to use Telegram for academic records: Dr Navin Thakkar (10min) • Are you using ABDM-ABHA-enabled software for patients' records?: Dr Jawahar Jethwa • Extended Reality in Orthopaedic Education: Dr Abhijit Salunke (10 min) • Discussion: 10 min |
| 10:00 - 12:00 | Hall A: Invited Guest Talks |
| 12:00 - 01:00 | Hall A: AVN: Panel Discussion |
| 01:00 - 02:00 | Lunch |
| 02:00 - 03:00 | <p>District Sessions Aurangabad Orthopaedic Association Theme: Complication prevention in Fractures</p> <ul style="list-style-type: none"> • Proximal Humerus fracture fixation: Dr. Shripad Joshi, (Mentor: Dr Shivkumar Santpure, Dr. Gajanan Kulkarni) • Terrible situation in terrible triad elbow: Dr. Abhishek Shinde (Mentor: Dr Rajendra Shewale, Dr. Girish Gadekar) • Proximal Femur fracture fixation: Dr Sagar Jaiswal (Mentor: Dr.Parag Kulkarni, Dr.Sarang Deore) • Distal Femur fixation: Dr Kapil Pore (Mentor: Dr.J.V.Kaginalkar, Dr.Mangesh Panat) |

Time

Topic

- Proximal Tibia fracture fixation: Dr Pawan Jadhav (Mentor: Dr. Sachin Saoji, Dr.Anil B.Dhule)
- Supracondylar Humerus fracture fixation : Dr.Vishal Chandak (Mentor: Dr Ravindra Zavar, Dr Yashwant Gade)
- Distal Radius Fracture fixation: Dr Faisal Khan (Mentor: DR M B Lingayat, Dr Akram Khan)

03:00 – 04:00

District Sessions

Nanded Orthopedic Association

Theme: Topic-Interesting Case Discussion

Presenters: Dr. Devendra Paliwal, Dr. Naydu, Dr. Kangane, Dr. Chakkarwar, Dr. Gadgil Atmaram

04:00 - 05:00

District Sessions

Nashik Orthopedic Society

Theme - Orthopods beyond Orthopaedics in line with the theme of G20" - वसुदैव कुटुंबकम्!

- Social awareness through Lectures, Seminars and Articles: Dr Sanjay Dhurjad (15 mins)
- Humanitarian contribution to Adiwasi - Understanding their needs: Dr Rajendra Khaire (10 mins)
- My journey towards health excellence: Dr Sanjay Vikhe (10 mins)
- Humanitarian contribution in Natural and Manmade Disasters: Dr Gopal Shinde (15 mins)
- Borderless Doctors - My experiences: Dr Bharat Kelkar (15 mins)

Time

Topic

05:00 - 06:00

District Sessions**Vidarbha Orthopedic Society**

- Trochanteric Fracture Importance of Lateral Wall & Management: Dr Anup Kothari
- Trochanteric Fracture Reduction Problems & Reduction Tricks: Dr Ashutosh Apte
- Pitfalls in reduction and management of Subtrochanteric Fractures: Dr Makarand Dhopavkar
- Irreparable Cuff Tear diff management options:
Dr Satish Sonar
- Osteonecrosis of femoral head - New perspective to look:
Dr Kiran Saoji
- 3 & 4 Part Proximal Humerus Fractures: Dr Mohd. Faisal
- Proximal Tibia Posteromedial Injuries: Dr Ranjit Deshmukh



MAHARASHTRA ORTHOPAEDIC ASSOCIATION
MOACON 2024
The Majestic



Scientific Program

HALL A

31st March, Sunday

DAY-3

Time

Topic

08:00 - 09:00

Free Papers

09:00 - 10:00

Addressing The Challenge of Infected Non Union : Insights and Clinical Strategies

Convener: Dr Ajit Chalak

- Infected Non Union : Approach and Principles in the Management: Dr Milind Joshi
- CASS Algorithm ensuring success in non-union of long bones: Dr Rajendra Chandak
- Acute Docking and Lengthening Vs Bone Transport: Dr Ajit Chalak
- LRS : Uses and abuses: Dr Pankaj Singh
- The Masquelet Technique: A game changer for Infected Non Unions: Dr Pradeep Nemade
- Case Discussion - 1
- Case Discussion - 2

10:00 - 11:00

Financial Management; Wealth creation: Kal aaj aur Kal

Convener: Dr Nitin Bhagali

- Introductory talk and mistakes of investment by doctors: Dr. Nitin Bhagali.
- Structuring of Orthopaedic practice and tips to save taxes: Chinmay Kelkar C.A.
- Personal finance and avoiding mistakes in creation of wealth : Nehal Mota
- Perspective of current economic scenario and its effect on wealth creation.: Sameer Shah
- Q & A session

11:00 - 12:00

Valedictory Function

Time

Topic

12:00 - 01:00

Medicolegal Session

Convener: Dr N J Karne

- Topic: Dr Mangesh Pate, Mumbai
- 100 Ortho Consumer Cases - Decoded, Don'ts in Ortho practice: Dr Vipin Checker
- Medicolegal Challenges in Today's Orthopedic Practice: Dr Amit Nabar
- Topic: Dr Sangeeta Pikale
- Precautions to be taken while starting New Hospital Setup: Dr Prakash Samant

01:00 - 02:00

Lunch

02:00 - 04:00

Beyond Orthopedics: Earn more than just Money

1. Dr Zanzure
2. Dr Shirish Pathak
3. Dr Metan
4. Dr Satish Yadav



| Time | Topic |
|----------------------|---|
| 08:00 - 09:00 | Free Papers |
| 09:00 - 10:00 | <p>Veterans Surgeons programme Topic: Non union subtrocchanteric # Convener - Dr. Pradeep Kothadia Faculties - Dr. D. D. Tanna, Dr. Sushrut Babhulkar, Dr. Sunil Kulkarni, Dr. Sangeet Gawhale, Dr. Pradeep Kothadia, Dr Gadegone</p> <p>Way to go Case 1: Dr. D. D. Tanna Case 2: Dr. Sangeet Gawhale Case3: Dr. Pradeep Kothadia Case4: Dr. Sushrut Babhulkar, Case 5: Dr Sunil Kulkarni Case 6: Dr Gadegone Final Discussion: 10 min</p> |
| 10:00 - 11:00 | Hall A : Financial Management; Wealth creation: Kal aaj aur Kal |
| 12:00 - 01:00 | <p>Valedictory Function Orthopedic Rheumatology Convener: Dr N J Karne</p> <ul style="list-style-type: none"> • The journey of a RA patient: Dr Praveen Jadhav • Interpretation of investigations in rheumatology: Dr Praveen Patil • Recent advances in the diagnosis & management of Rheumatic Disease: Dr Aniruddha Tembe • Dilemmas in Spondyloarthopathy (diagnosis and treatment): Dr Sandesh Ghiya • Newer drugs for autoimmune arthritis- an update: Dr Akerkar • Possible peri and post op issues in patients receiving DMARDs: Dr Ajit Nalawade • Journey of AS patient: Dr Nilesh Patil • Q & A |

Time

Topic

01:00 - 02:00

Lunch

02:00 - 04:00

Physiotherapy Session

Convener: Dr Neha Bhise, Dr Dabholkar

- **Physiotherapy perspective of Assessment:**

Moderator: Dr Neha Bhise

Faculty: Dr Ajit Dabholkar, Dr Kruti Khemani 15 min

- **Electrotherapy in Rehab** : Exploring the technological advances & Paradigm shift: Dr Venu Mohan 20 min
- **Panel Discussion:** Cracking myths and misconceptions in physiotherapeutic management of Musculoskeletal conditions in Rehabilitation : The Evidence-informed guidelines to a practice: 25 min
Panelist: Dr. Tejashree Dabholkar, Dr. Mythri Makam, Dr Twinkle Dabholka
Moderator: Dr Sona Kolke
- **Panel Discussion:** Improving the Post-Operative outcomes – The Physiotherapy way 25 min
Panelist: Dr Sona Kolke, Dr Sreeraj S R
Moderator: Dr. Tejashree Dabholkar
- **Panel Discussion:** Sports Physiotherapy rehabilitation, recent advances – getting the athlete back to sport 25 min
Panelist: Dr Ajit Dabholkar, Dr Shweta Warke, Dr Kruti Khemani
Moderator: Dr. Twinkle Dabholkar
- **Breaking Barriers** : Integrating Ultrasonography Imaging in Indian Rehabilitation Protocols
Moderator: Dr. Tejashree Dabholkar
Faculty: Dr Summaiya Zareen Shaikh 10 min



| Time | Topic |
|---------------|---|
| 08:00 - 09:00 | Free Papers |
| 09:00 - 10:00 | <p>Osteoporosis and Metabolic Bone Diseases (10 + 2 min) Convener: Dr Prakash Sigedar</p> <ul style="list-style-type: none"> • Osteoporosis - Diagnostic and Management tools: Dr Mohan Magdum: • Medical treatment of Postmenopausal osteoporosis: Dr Vaishali Deshmukh: • Atypical fractures after anti-resorptive treatment: Dr Manoj Chaddha • Antiresorptive agents - Bisphosphonates vs Denosumab: Dr Tejal Lathia • Metabolic bone disorders: Demystifying tests! Dr Rohit Barnbas |
| 10:00 - 11:00 | Hall A : Financial Management; Wealth creation: Kal aaj aur Kal |
| 11:00 - 12:00 | Valedictory Function |
| 12:00 - 01:00 | HTO: Dr Saigal |
| 01:00 - 02:00 | Lunch |



| Time | Topic |
|----------------------|--|
| 08:00 - 09:00 | Free Papers |
| 09:00 - 11:00 | <p>PGCON Convener: Dr Sachin Kale 1 hour each</p> <ul style="list-style-type: none"> • Hip Case: History Taking and Clinical Examination: Dr Prakash Samant, Dr Eknath Pawar, Dr Rahul Salunke, Dr Rahul Kadam, Dr Rohit Chakor • Spine Case: History Taking and Clinical Examination: Dr Sanjay Dhar, Dr Sunil Shetty, Dr Sanjay Deo, Dr Sachin Kale |
| 11:00 - 12:00 | Valedictory Function |
| 12:00 - 01:00 | <p>PGCON: Short Cases Dr Pradip Nemade, Dr Sachin Kale, Dr Sanjay Dhar, Dr Eknath Pawar</p> |
| 01:00 - 02:00 | Lunch |
| 02:00 – 03:00 | <p>PGCON Lectures</p> <ul style="list-style-type: none"> • Tips And Tricks For Pg Ortho Exam: Dr. Sunil Handralamath 15 Mins • Mental Preparation For Exam: Dr.MB Lingayat 15 Mins • Interactive Session: All Faculty 30 Mins |
| 03:00 – 04:00 | <p>PGCON: Tables Lectures</p> <ul style="list-style-type: none"> • Implants: Dr Prakash Samant 20 Mins • Osteology: Dr Sandeep Biraris 10 Mins • Splints & Braces: Dr Rohit Chakor 15 Mins • Xrays: Dr Rahul Salunke 15 Mins |

| Time | Topic |
|---------------|---|
| 09:00 - 10:00 | District Sessions Pune Orthopaedic Society <ul style="list-style-type: none"> • Elbow arthroscopy a special case: Dr. Rajendra Fiske • Case of Radial Head Fracture: Dr. Amit Kale • Elbow Arthrolysis: Dr. Arjun Viegas • Anterior Shear Fractures of Humerus: Dr. Abhijeet Wahegaonkar • Dr. Nirmal Dhumane |
| 10:00 - 11:00 | Hall A : Financial Management; Wealth creation: Kal aaj aur Kal |
| 11:00 - 12:00 | Valedictory Function |
| 12:00 - 1:00 | District Sessions Sangli District Orthopaedic Association <ul style="list-style-type: none"> • Dr. Sameer Shaikh • Dr. Sunil Patil • Have we forgotten the art of Enders Nail in IT fractures: Dr Nitin Patil • Dr. Shrikant Deshpande • Dr. Himanshu Kulkarni • Dr. Milind Kulkarni • Dr. Parag Shah |
| 01:00 - 02:00 | Lunch |
| 02:00 – 03:00 | Satara Orthopaedic Society Convener: Dr Santosh Yadav <ul style="list-style-type: none"> • Biplanar High Tibial Osteotomy: Indian perspective 50 cases Experience: Dr Santosh Yadav. • Management of pelviacetabular trauma at level 2 trauma centre in Tier 3 city - Challenges & solutions: Dr Ashutosh Bhosale |

Time

Topic

- Cruciate Retaining Total Knee Arthroplasty with mini Subvastus approach by Amol Dhavale
- Robotic Assisted knee Replacement: My Experience of 150 cases at a Taluka level: Dr Prasad Joshi
- Single Stage Bilateral TKR 250 cases experience: Dr Santosh Yadav
- Lumbar Canal Stenosis: Dr Yogesh Mokashi



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